



# PORK CASSOULET



## PRESENTATION

Find in your plate, with this Mutular traditional recipe, all the flavours of a delicious pork cassoulet ! A meal to enjoy anytime of the year, that will satisfy the whole family. White kidney beans, rich in protein, fiber and minerals, have a reasonable calory value. In addition to sausages, they will bring you health balance and lots of pleasure at each bite !

## COOKING ADVICE

Heat over low heat in a saucepan or on medium power in a suitable dish in a microwave. Season to taste (butter, gravy, etc). Serve hot.

## NUTRITION FACTS

for 100 g

Protein	8,58 g
carbohydrates	8,39 g
Fat	6,76 g
Calories	136 Kcal

## INGREDIENTS

White kidney beans 44%, cooked sauce 33%, meats 23%.

## AVAILABLE IN

420 g, 840 g, 1,8 kg and 4,2 kg.

